

After the procedure

- You will be advised about the post-procedure arrangements.
- There are no diet restrictions after the procedure. However, if possible, consume more liquids than usual.
- If possible, avoid close contact with children and pregnant women, as advised by staff.
- Breastfeeding women will be given detailed guidance on breastfeeding.
- You can continue with Your daily activities unless instructed otherwise.
- You can drive a car unless instructed otherwise.
- The results of the study will be accessible to Your physician within one week.

In case of medical emergency before or after the procedure, contact Your family doctor or the emergency department.

If possible, report this to the Department of Nuclear Medicine by using the contact details in this brochure.



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Nuclear medicine



What is nuclear medicine

Nuclear medicine is an area of medical care that uses small amounts of radioactive material to diagnose and treat various diseases, including cancer, cardiovascular, gastrointestinal, endocrine and neurological disorders.

Nuclear medicine procedures are targeted at molecular processes, providing the opportunity for timely diagnosis and treatment of the disease.

Patients are referred to nuclear medicine procedures considering justified indications aiming that expected benefit outweighs potential risk.

Nuclear medicine procedures are performed for patients of all ages. Procedures are usually performed on outpatient basis, and – if necessary – also on inpatient basis.



Before the procedure

- Depending on the procedure, You may need to modify Your diet, as well as medication, if instructed to do so.
- Please allow about half an hour to six hours for the procedure. For information on the duration of the procedure, contact Your referrer or the Department of Nuclear Medicine, whose contact information can be found in this brochure.
- Dress comfortably.
- Please remove all external jewellery and metal items.



- If applicable, please inform the staff about Your pregnancy, breastfeeding, allergies and eventually expected close contact with children and pregnant women.

During the procedure

- The staff may ask You about your diseases, allergies, medications, surgeries, etc.
- You will receive administration of diagnostic or therapeutic agent intravenously, orally or by inhalation.
- During the study, You will be asked to lie motionless for some time.

