

Information for patients who lack health insurance

What do I do if I lack valid health insurance coverage

Residents of Tallinn who do not have health insurance have access to free out-patient care at the Nõmme Health Centre of the West Tallinn Central Hospital at Jaama tn 11, Tallinn:

general practitioner's out-patient appointments	Mon, Thu	10 a.m.–12 p.m.
surgeon's out-patient appointments	Thu	9 a.m.–11.30 a.m.

In-patient aftercare is available at the Nursing Care Clinic of the West Tallinn Central Hospital at Õismäe tee 179, phone: 650 5226, email: oadusabi@keskhaigla.ee

Please address any questions to the Tallinn Social Welfare and Health Care Authority, phone: 645 7440, email: sotsiaal@tallinnlv.ee.

Residents of other cities and municipalities who lack health insurance should look into the possibility of receiving treatment in their respective city or municipality.

Seeing a general practitioners – you can see your GP during their visiting hours for any health problem. If you do not know who your GP is, you can look up this information in the section of the www.eesti.ee/eng state portal marked “Health Insurance and family physician” or call the Health Insurance Fund on 669 6630.

Emergency care – if your health problem is one that requires immediate emergency care, please go immediately to the emergency room (abbreviated “EMO” or “erakorraline” in Estonian) or call an ambulance 112.

Patients are strongly urged to take care of their health and follow treatment guidelines.