

Information for patients who lack health insurance

What do I do if I lack valid health insurance coverage?

**Tallinn residents** who lack health insurance can receive free outpatient treatment at West-Tallinn Central Hospital's Kopli Polyclinic at Sõle 63.

Patients are seen by a surgically trained doctor and a nurse at the following times:

Mon, Wed, Thu	10–18
Tue, Fri	8–16

Inpatient aftercare is provided at Kallavere Hospital at Haigla 2 in the city of Maardu. Contact the hospital's director of medical care Rita Vissak at tel. 606 0870 or via email at [rita.vissak@kh.ee](mailto:rita.vissak@kh.ee).

In case of questions, contact Tallinn Social Welfare and Healthcare Department lead specialist Ene Tomberg at tel. 6457456 or at [ene.tomberg@tallinnlv.ee](mailto:ene.tomberg@tallinnlv.ee).

**Residents of other cities and municipalities** who lack health insurance should look into the possibility of receiving treatment in their respective city or municipality.

**Seeing a general practitioner** – you can see your GP during their visiting hours for any health problem. If you do not know who your GP is, you can look up this information in the section of the [www.eesti.ee/eng](http://www.eesti.ee/eng) state portal marked “Health Insurance and family physician” or call the Health Insurance Fund on 669 6630.

**Emergency care** – if your health problem is one that requires immediate emergency care, please go immediately to the emergency room (abbreviated “EMO” or “erakorraline” in Estonian) or call an ambulance 112.

Patients are strongly urged to take care of their health and follow treatment guidelines.

**North Estonia Medical Centre**

J. Sütiste tee 19

13419 Tallinn

Information 617 1300

[www.regionaalhaigla.ee](http://www.regionaalhaigla.ee)